

# TETON FAMILY MAGAZINE

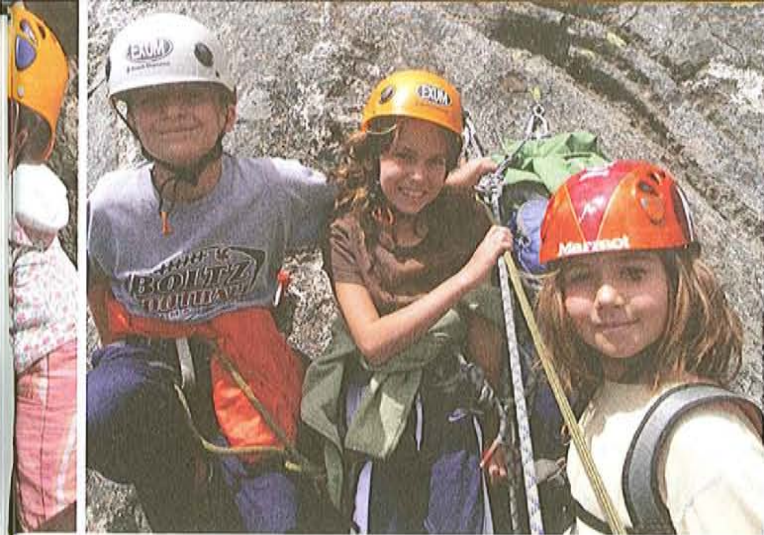
Cultivating a Healthy Sustainable Community

Early Summer 2010 | Complimentary



EDIBLE PERENNIALS • CITIZEN SCIENTISTS • VISION ASSESSMENT • CLIMBING WITH KIDS • GREEN CLEANING





Photos from left to right: Jack (seven years old) high stepping at the Badger Creek Boulders; Izzy (sixteen months) tries out her dad's helmet and does a ground traverse. Cousins Thomas, Terin, and Mariela tied in, waiting their turn, at the Practice Rocks at Hidden Falls, Grand Teton National Park.

### GO WITH OTHER KIDS

Matthew Shlim's fondest childhood climbing memory was reaching the summit of Baxter's Pinnacle (grade 5.7) in Grand Teton National Park, at age twelve, with two other young friends. "Climbing with other kids your age is really special," he says. "We went with George Gardner, my friend Michael's dad, who was an Exum guide. George was so capable, and really wanted us to succeed. It was awesome sharing that with my friends."

### ESSENTIAL GEAR

At the minimum, all you need is a sense of adventure and a helmet. For younger kids (two to five years old), climbing shoes are not really necessary; they can get by fine with a little help from you. For kids older than five, sticky rubber is a tremendous confidence booster as they tackle more difficult terrain.

Once you get into roped climbing, you'll need a good climbing harness. For kids thirty to seventy pounds, a full-body harness is recommended. Young kids don't always stay upright when they fall, and the shoulder straps prevent them from sliding out of the harness if they flip upside down. Normal "sit" harnesses (no shoulder straps) are appropriate for older, heavier kids. Get them sized at a local shop and always check the manufacturer's suggestions and warnings when purchasing and using a harness.

### WHERE TO GO

City of Rocks National Reserve in south-central Idaho is the all-around favorite of many local families. There are outstanding campsites, lots of places to explore, and fantastic scrambling for all ages and abilities (not to mention world-class climbing on the beautiful granite domes, fins, and spires).

# SAGE

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Listed Price: \$175,000 R09-033



**WATER & WOODS** — Passive solar and in-floor heat make this a cozy home in the woods outside of Victor. This 1,880 square foot home offers 3 bedrooms and 2 baths on 2.6 acres with a creek in the backyard. The home is well designed and custom built. It feels good inside and out. This is a one-of-a-kind home in today's market.  
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